The I.M.P.A.C.T. Project



**Project Consultant** 

Veteran Law Enforcement

Commander

Randy Means & Associati

## Interpersonal Communications Skills Training and Assessment Tools for Law Enforcement



#### A Message From the Executive Director

Randy Means Executive Director Career Law Enforcement Advisor/Trainer

**Problem** There are no consistently-applied performance standards for the most important skill domain in law enforcement.

Human relations and interpersonal communications skills are the most important skills a law-enforcement officer could possibly have, but there is wide disagreement on what exactly those skills look like in field applications. Consequently, training, supervision and discipline are inconsistent, at best. Horror stories abound, as do claimed successes. Widely varying theories and applications receive anecdotal and experiential credit and blame, but there has been little concerted or systematic application of subject matter expertise to this important matter. Officer performance runs the gamut from sound to poor with little useful organizational feedback or intervention.

**Solution** Using true subject matter expertise to 1) Identify performance criteria and standards for officercitizen communication, 2) Develop correlated evaluative tools, and 3) Create an associated training program.

This project recognizes the criticality of human relations and interpersonal communication skills and the need to assure the presence of those skills in new and incumbent law enforcement officers. To that end, the Project has identified appropriate performance criteria and created "real life" evaluation scenarios for assuring these skills in officer-citizen contacts. It has also created correlated remediation tools, including computer/video-based training for use as necessary and/or desirable.

**Credibility** A faculty of Subject Matter Experts whose qualifications include both extensive law enforcement experience and relevant, advanced academic credentials developed all project criteria.

The Subject Matter Experts average 30 years of full-time experience as extremely successful police officers. They include two veteran, licensed psychologists, as well as experts with Master's Degrees in Communication Studies, Doctorate Degrees in Human Development, and Ph.D.'s in psychology. All teach law enforcement communication skills. Most teach in upper division college and university settings. All teach nationally, some internationally. Also, the Project Executive Director has a relevant Doctorate Degree, 30 years' experience in evaluating the proper use of police authority, and has taught this subject nationally for many years. This is the strongest team ever assembled for the purpose of identifying performance criteria in officer-citizen communication.

**Benefits** Improvement in officer performance in this skill domain will strengthen community relations, increase investigative effectiveness, reduce complaints and lawsuits, minimize use of force, enhance officer and public safety, improve working relationships, and reduce work-related stress.

Interpersonal Management Program And Communication Training

# **The Faculty** Vast Law Enforcement Experience Advanced, Relevant Academic Credentials



**Paul Whitesell, Ph.D.** is a recently retired Superintendent of the Indiana State Police and a practicing psychotherapist specializing in police issues and police personnel. He has been a full-time police officer since 1974 with

Indiana State Police, the Fort Wayne (IN) Police Department and several other municipal agencies. He holds Diplomat status in three areas within the American College of Forensic Examiners. He travels extensively presenting on issues of human behavior, police procedure and interpersonal communication and has been an adjunct faculty member at Indiana University. He teaches officer safety and survival nationally and has both academic and applied expertise in police combat communication and psychology. A Marine close-combat instructor and Vietnam veteran, he is a court certified expert in defensive tactics and has been inducted into two martial arts halls of fame.



**Dennis Conroy, Ph.D.** is a licensed Psychologist and retired after over 30 years service as a police officer and supervisor with the Saint Paul (MN) Police Department. During that time his diverse assignments included Pa-

trol Officer, Juvenile Officer, Patrol Supervisor, Vice/ Narcotics Investigator, Director of the Professional Development Institute, Director of the Field Training Program, Communications Center Supervisor and Director of the Employee Assistance Program. During his more than 30 years of clinical experience in psychology, he has taught regularly in upper division collegiate settings, blending psychology and law enforcement in such courses as Human Behavior in Law Enforcement and The Psychology of Victims. His High Risk Communications seminars are taught nationally. He is the author of the book, *Officers At Risk* and a Marine Corps Vietnam veteran.



**Brian Fitch, Ph.D.**, recently deceased, retired as a Watch Commander for the Los Angeles County Sheriff's Department. He worked a variety of assignments in field operations, the detective division, train-

ing and as a supervisor in both patrol and confinement. A lieutenant and communication skills trainer for the Sheriff's Department, Dr. Fitch held a state university faculty position in psychology for ten years and has developed and instituted a variety of acclaimed communication courses throughout the country. He was featured on an *A&E* television special on interrogation techniques and has taught interview and interrogation courses nationally and internationally, including for foreign governments. A conflict management expert, his Master's Degree is from the University of California system; Doctorate Degree from the Fielding Graduate Institute.



Sandra Terhune-Bickler, Ph.D. has degrees from UCLA, California State University-Northridge, and the Fielding Graduate Institute and is a retired 25 year officer with the Santa Monica Police Department in the

west L.A. area. She spent years in Patrol and in the Motorcycle Unit, and was then assigned to Personnel and Training. She was a Crisis Negotiator for 11 years and coordinated the department's Peer Support Program. She is a California POST Master Instructor and designed the 24-hr course on *Crisis Negotiations Skills for First Responders* used by California POST. Dr. Terhune-Bickler has taught a variety of acclaimed crisis negotiations and tactical communication courses for law enforcement groups throughout California and nationally. Her noteworthy article on negotiations was published in the FBI Law Enforcement Journal.

# **Training & Assessment System**

**Ask** an officer where he trains or drills to improve his weapons proficiency, emergency driving skill, or defensive tactics and he will name a space with safeguards designed to safely learn, practice, and demonstrate necessary skills. Ask the same officer where she practices officer-citizen communication skills and she will likely say, "at work" or "in the field." Our 30+ years of training and consulting with hundreds of agencies and a half-million law enforcement officers has taught us the field is a dangerous place to practice this most important skill.

**We Searched** for years to find a well-designed training and assessment system we could recommend to our client agencies and discovered it did not exist. So, we brought the best people in the country together and created a safe, valid communication skills training,

practice, and assessment space for law enforcement officers.

**Unlike** any other training, IMPACT communications training is designed for law-enforcement officers and the unique communication challenges they face. Our subject matter experts are nationally recognized instructors with decades of real world experience in law enforcement. They have created a media based training system that:

- Explains the principles of tactical communication excellence, including conflict management, deescalation and non-escalation techniques;
- Demonstrates the application of these principles in everyday officer encounters with the victims, witnesses and suspects; and
- 3) Provides officers with a valid assessment of their communication proficiency.

#### **Self-Guided Tutorial Programs**

The colorful bull's-eye user dashboard makes navigating through the computer-based trainer simple and reduces any program learning curve or frustration. There are 30 video scenarios, total, in the program. In every scenario the citizen speaks five or six times. For each citizen response there are three different prerecorded officer responses. The responses are categorized as "A" for Awful, "B" for Better, and for "C" for Correct. So each scenario contains 15 or 18 recorded officer responses and 15 or 18 matching segments of expert analysis describing the positive and negative verbal behavior used. The self-guided tutorial program can be used whenever an officer has a computer or MDT available and the opportunity to work on tactical communication excellence.

## **Role-Play & Assessment Videos**

It is difficult to get officers to role-play effectively with one another for the purpose of improving interpersonal communication skills. The Role-Play materials provide officers and agencies a safe and effective training space to practice using the IMPACT communication principles. It also provides a revolutionary means to assess and individual officer skill attainment and provide prescriptive coaching in areas that need improvement. The validated *IMPACT Assessment Instrument* provides officers with useable feedback to improve their people skills.





# **IMPACT Municipal Edition Scenes**

- 1. Alleged Racial Discrimination
- 2. Angry Parent at a Ballgame
- 3. Armed Robbery Victim
- 4. Attempted Arrest Warrant Service
- 5. Child Custody Dispute
- 6. Citizen Complaint
- 7. Civil Matter Dispute
- 8. Confused Senior Citizen
- 9. Contact with Gang Members
- 10. Distraught Family Member
- 11. Domestic Disturbance
- 12. Drunk at a Public Event
- 13. Evacuation
- 14. Hesitant Witness
- 15. Homeless/Emotionally Disturbed Person

- 16. Irate Crowd
- 17. Irate Motorist
- 18. Irate Parent
- 19. Landlord-Tenant Dispute
- 20. Loud Music/Party
- 21. Media at Fire Scene
- 22. Missing Child
- 23. Natural Death
- 24. Rape Victim
- 25. Refusal to Leave Premises
- 26. Suicidal Subject
- 27. Suicide Investigation
- 28. Suspected Drunk Driver
- 29. Suspicious Person
- 30. Traffic Collision



"Analogous to video-based firearms simulation training, this project allows for accurate assessment and training of interpersonal communication competencies."

#### Video and Computer-Based Training Materials Included

**Self-Guided Tutorial** depicts 30 frequent and/or critical officer-citizen contact scenarios. Each scenario is designed with five or six communication junctures. Each of these tactical communication junctures have three prerecorded videos of officer responses—one bad, one better but not good, one good. That's about 500 examples of good and bad performance plus analyses by subject matter experts of the important verbal and nonverbal response behavior. Officers can study these scenarios, responses and analyses at their own pace. **Price**: \$1,500 for unlimited use by all your officers

**Role-Play Videos & Assessment Materials** contain five role-play sessions each lasting under an hour. Each session gives the role play officer over 30 opportunities to respond to the citizen's questions, statements, refusals, insults and taunts in a tactical way to deescalate emotional tension and conflict, keep focus on the contact purpose, gain cooperation, and conclude the professional contact. The officer's verbal and nonverbal behavior is evaluated using the *IMPACT Assessment Instrument@*. Useful for group training also. **Price:** \$1,500 OR purchase both of the above for \$2,500 for unlimited use by all your officers

**IMPACT Coaches Clinic and Assessors Training** This 1 or 2 day highly interactive seminar for Supervisors, Managers, FTO's and Assessors is critical to achieve understanding and validity of the assessment process and the interpersonal skills crucial for effective implementation, consistency of performance, and reliability of evaluation.

Price: \$3,500 for one day, \$6,000 for two consecutive days (officer training available also at the same prices)

For More Information Contact Susan Hupp at 302.757.3002 or Email: Susan.Hupp@RandyMeans.com Visit WWW.RANDYMEANS.COM